



PROJECT

YOU

ASPIREHIGHER

ARE YOU 16 TO 25?

LOOKING FOR EDUCATION, EMPLOYMENT, OR
TRAINING OPPORTUNITIES?

WANT A KICKSTART IN THE RIGHT DIRECTION?

JOIN PROJECT YOU!

PROJECT YOU is a FREE female only personal
development programme designed to help you:

**BUILD CONFIDENCE, GAIN SKILLS,
REACH YOUR GOALS!**

- Weekly well-being workshops
- One-to-one mentoring support
- FREE lunch
- Creative activities & trips
- Employability workshops
- FREE bus travelcards

£100 TRAINING BURSARY

on completing the programme

LOCATION

DOLPHIN WOMEN'S CENTRE
WARD END PARK
WASHWOOD HEATH ROAD,
BIRMINGHAM, B8 2HB

DATE AND TIME

STARTING TUES 28TH FEB 2017
EVERY TUES, WED, AND THURS
FOR FIVE WEEKS
10AM TO 3PM

FOR MORE INFORMATION CONTACT CHARLENE,
CALL: 07856 340 587 EMAIL: CHARLENE@SPORT4LIFE.ORG.UK

SUPPORTED BY:

